Which trial design best suites an experimental medication to treat Cystic Fibrosis

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# Background

- New medication therapy is being studied as a treatment for patients with Cystic Fibrosis
  What is Cystic Fibrosis<sup>1</sup>
- - Genetic Disease
  - Fewer than 200,000 cases a year
  - Causes damage to lungs and other organ systems
- Want to choose a trial that best shows the benefits of the medication for the CF population
- Want to design a study that has the most impact and produces the most relevant data

### The Decision Maker

## **UPMC** Division of Pulmonary Medicine



### The Decision

- What trial design to use
- Types of trials:
  - 1. Double Blind Randomized Control Trial
  - 2. Case Control
  - 3. Longitudinal Cohort



### Double Blind Randomized Control Trial<sup>2</sup>

- Patient blinded
- Doctor blinded
- Improves reliability
- Prevent bias
- Could be used in this case to gain more FDA approvals for the medication for different age groups.

<sup>2.</sup> What is a double blind study?: Premier health. Home. (n.d.). Retrieved October 17, 2021, from https://www.premierhealth.com/faq/what-is-a-double-blind-study-.

### Case Control<sup>3</sup>

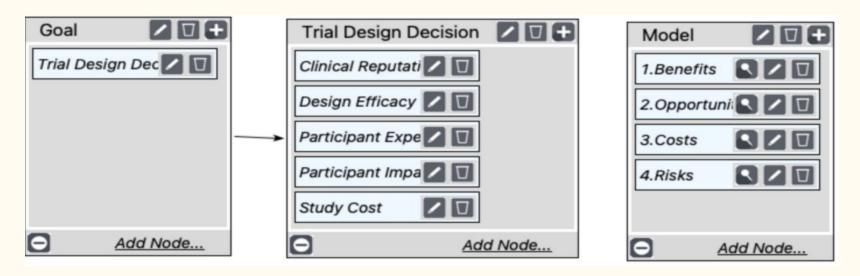
- Observational Study
- Two different groups
- Study outcomes of interest
- Measure the effectiveness of the medication in CF patients with the same baseline lung function but different genotypes of the disease.

# Longitudinal Cohort<sup>4</sup>

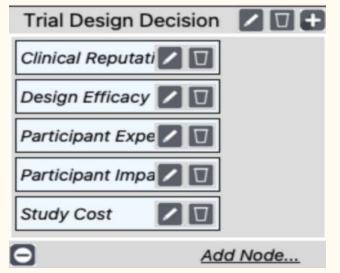
- Studies large groups overtime
- Alike except one differing characteristic
- Use this type of study to see the impacts of the medication overtime on differing severities of disease with same genotype

# Study design

### BOCR Model



# Strategic Criteria



Strategic Criteria	
Clinical Reputation	8%
Design Efficacy	57%
Participant Experience	20%
Participant Impact	12%
Study Cost	4%

# Model Outline

<u>Benefits</u>	<u>Opportunities</u>	<u>Costs</u>	<u>Risks</u>
Biases	Comparability	Compliance	Duration
Comparability	Data Quality	Follow-Up	Funding
Funding		Biases	Compliance

### Benefits Subnets

#### 1. Biases

- a. Participant Knowledge
- b. Placebo Effect
- c. Researcher Influence.
- d. Researcher Knowledge

#### 2. Comparability

- a. Data Quality
- b. Existing Trial Similarities
- c. Trial Criteria/Population.

### 3. Funding

- a. Companies Preference
- b. Grant Types
- c. Resource Allocation



# Opportunities Subnet

### 1. Comparability

- a. Clinical Outcomes
- b. Future Publications
- c. Reproducibility
- d. Reputation of Center

### 2. Data Quantity

- a. Population Forecasting
- b. Predictability of Future Results
- c. Study Power



### Costs Subnet

#### 1. Biases

- a. Data Quality
- b. Impact of Results
- c. Participant Perceived Outcomes

#### 2. Compliance

- a. Distribution
- b. Legal Implications
- c. Manufacturer Stipulation

#### 3. Follow-Up

- a. Number of Visits
- b. Patient Appointment Compliance
- c. Retention Rates
- d. Side Effects



### Risks Subnet

#### 1. Compliance

- a. FDA Approval
- b. Medication Efficacy

#### 2. Duration

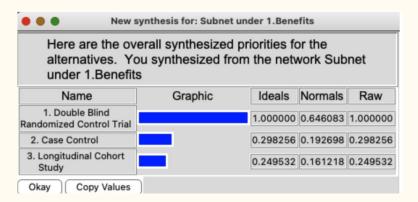
- a. Add on Phases
- b. Data Cleaning
- c. Data Relevance
- d. Participant Fallout
- e. Side Effects

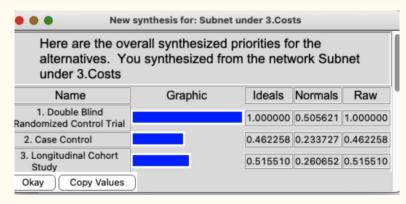
#### 3. Funding

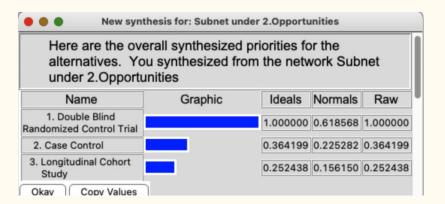
- a. Company Funding
- b. Company Resource Allocation
- c. Funding Terms

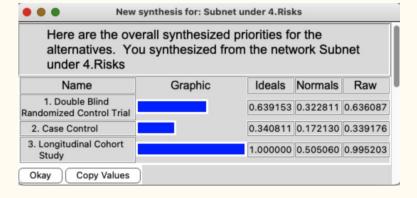


### Results









# BOCR Analysis of Results

	Bene	fits							The n	nost benefi	cial trial de	esign is	Double	Blind Ra	andomiz	ed Contr	ol Trial
	Biase	es .	Cor	nparabi	lity Fun	ding											
		26	%	$\epsilon$	54%	10%											
1. Double Blind Randomized Control Trial		60	1%	7	72%	46%		65%									
2. Case Control		20	1%	1	19%	19%		19%									
3. Longitudinal Cohort Study		20	1%		9%	35%		16%									
	Opportu	unities															
	Compar		Data C	Quantity				The	most	opportunis	ic trial des	ign is t	he Doub	le Blind	Random	ized Con	trol Trial
		80%		20%													
1. Double Blind Randomized Control Trial		67%		47%		62%											
2. Case Control		20%		30%		23%											
3. Longitudinal Cohort Study		13%		22%	í	16%											
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L. Double Blind Randomized Control Tria	ı		49%		56%		46%		629	%							
2. Case Control			24%		20%	5	27%		239	%							
3. Longitudinal Cohort Study			27%	)	24%	5	28%		169	%							
		Risks									'						
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		Compliance		_	Duratio		Fund		0.4		The mo	SUIISI	ky is tri	e Longi	tuumai	Conor	Study
	100			26%		10%		64									
1. Double Blind Randomized Control	Trial			31%		42%		31	%	32%	N.						
2. Case Control		E-		29%		19%		10	%	17%							
3. Longitudinal Cohort Study				41%		40%		59	%	51%							

# Ratings Model

Alternatives	Priorities	Totals	Clinical Reputation (0.0771)	Design Efficacy (0.5676)	Participant Experi (0.1986)	Participant Impact (0.1190)	Study Cost (0.0376)	
1.Benefits	0.3384	0.8051	Medium	Excellent	Average	Above Average	Hi	
2.Opportunities	0.2655	0.6317	High	Above Average	Average	Above Average	Hi	
3.Costs	0.1740	0.4140	Low	Average	Above Average	Average	Hi	
4.Risks	0.2221	0.5285	High	Average	Excellent	Above Average	Med	

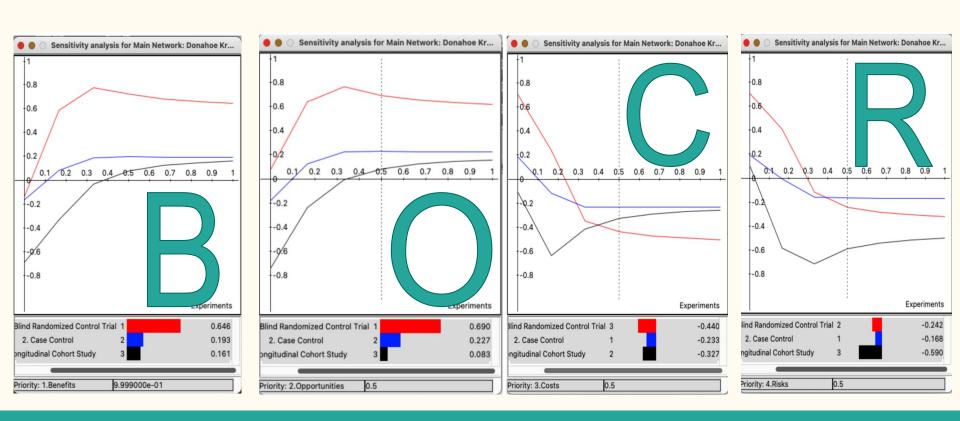


# Long and Short Term Best Option

Long Term Results	
Name	Normals
1. Double Blind Randomized Control Trial	59%
2. Case Control	9%
3. Longitudinal Cohort Study	-33%

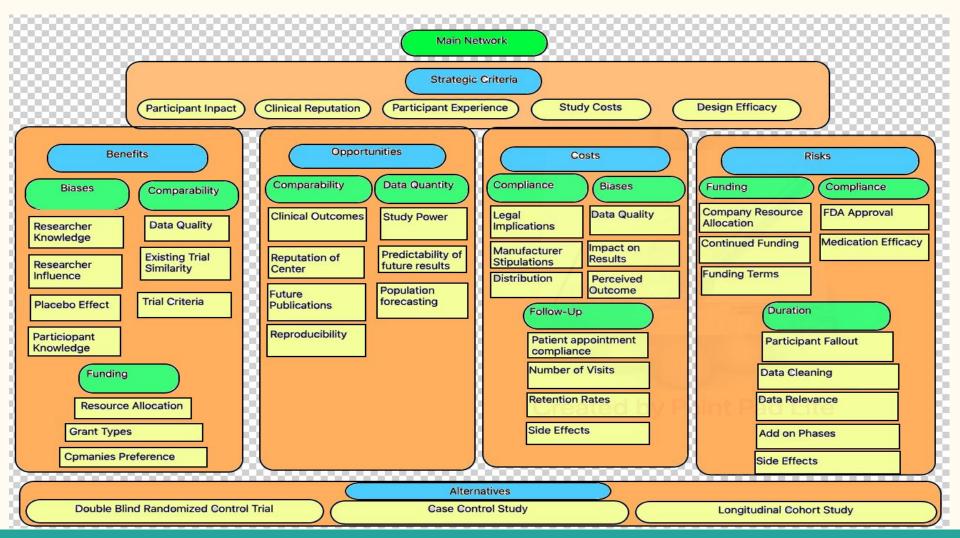
Short Term Results	
Name	Normals
1. Double Blind Randomized Control Trial	66%
2. Case Control	29%
3. Longitudinal Cohort Study	5%

# Sensitivity Analysis



# Final Thoughts

- Model building helps with decision organization
- Allows for distinct weights to be assigned to comparisons
- Chose the "Gold Standard" of trials as best option for us based on criteria evaluated- Double Blind Randomized Control Trial
- Outlined a decision we felt comfortable defending based on our analysis
- Beneficial future analysis tool for complex decisions
- Relevant based on perspective of institution
  - Drug company would have different criteria and goals in mind
  - Patients would also have different criteria and opinion



# Questions?

